



ECMF Classes 13 - 16 Outline

Group Mentoring 3 - 6 The Art of Coaching

Audio Review: Observed Coaching with Feedback
ICF Core Competencies

Class Description

These next four Group Mentoring Classes in this ECMF Course are designated as Observed Coaching opportunities. Students will each submit a 20-minute coaching session (and a time stamped transcript) prior to class. During class, coaches will have an opportunity for self-evaluation and will also hear feedback from peers and instructors about the coaching session.

Class Objectives:

- Demonstrate your coaching skills and experience demonstration of coaching skills by fellow coaches
- Receive feedback and mentoring from a PCC Certified Master Coach about your coaching session
- Review and discuss ICF Core Competencies as they relate to the coaching session
- Gain clarity on how to integrate the Core Competencies into your coaching skills and style

To Prepare for Class:

- Please **review the ICF Core Competencies and PCC Markers** handout before Class #13 (**specifically Core Competency #7 and #8**)
- Have the ICF Core Competencies and PCC Markers handout with you during Classes 13-16
- For the best use of our time in class, it will be helpful for each student to **listen to the audios and review the transcripts of the sessions that will be covered in class that week.**

If your video is being reviewed in class, be prepared to discuss the following:

- What do we need to know about this client or this session?
- What did you do well? What do you like about your coaching?
- If you could rewind, what (if anything) would you do differently in order to demonstrate your coaching skills and the ICF Core Competencies?

When you are reviewing the coaching session of a fellow student, be prepared to discuss examples of where the coach demonstrated skilled coaching and ICF Core Competencies

Your instructor(s) will also give feedback on the strengths, skills and other opportunities in the session and will highlight how the coach demonstrated (or could have demonstrated) the ICF Core Competencies effectively.

Q and A and Discussion